

COVID-19 Young People Online Survey

July 2020

Children's Service

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Introduction

This report summarises findings from the recent COVID 19 Young People Survey 2020.

Methodology:

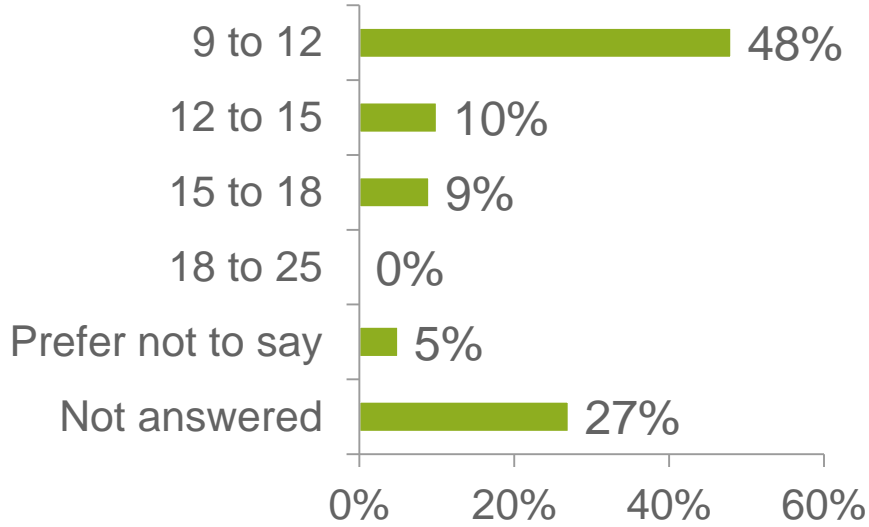
- the COVID-19 survey took place from 7 July to 30 July 2020 with 853 responses from young people
- the survey was exclusively conducted online, promoted via school headteachers and youth forums
- Headteachers were asked to encourage their pupils to complete the survey
- Barnet Parent Carers forum and SENDIAS were also asked to promote the survey

Calculating and reporting on results

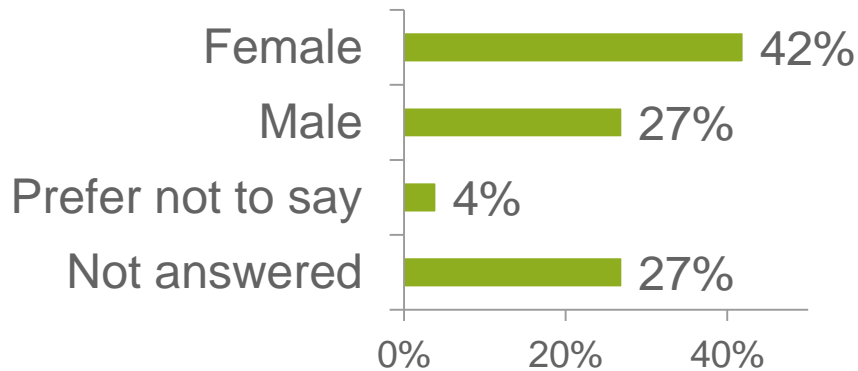
- The results for each question are based on “valid responses”, i.e. all those providing an answer (this may or may not be the same as the total sample) unless otherwise specified. The base size may therefore vary from question to question.

Sample Profile

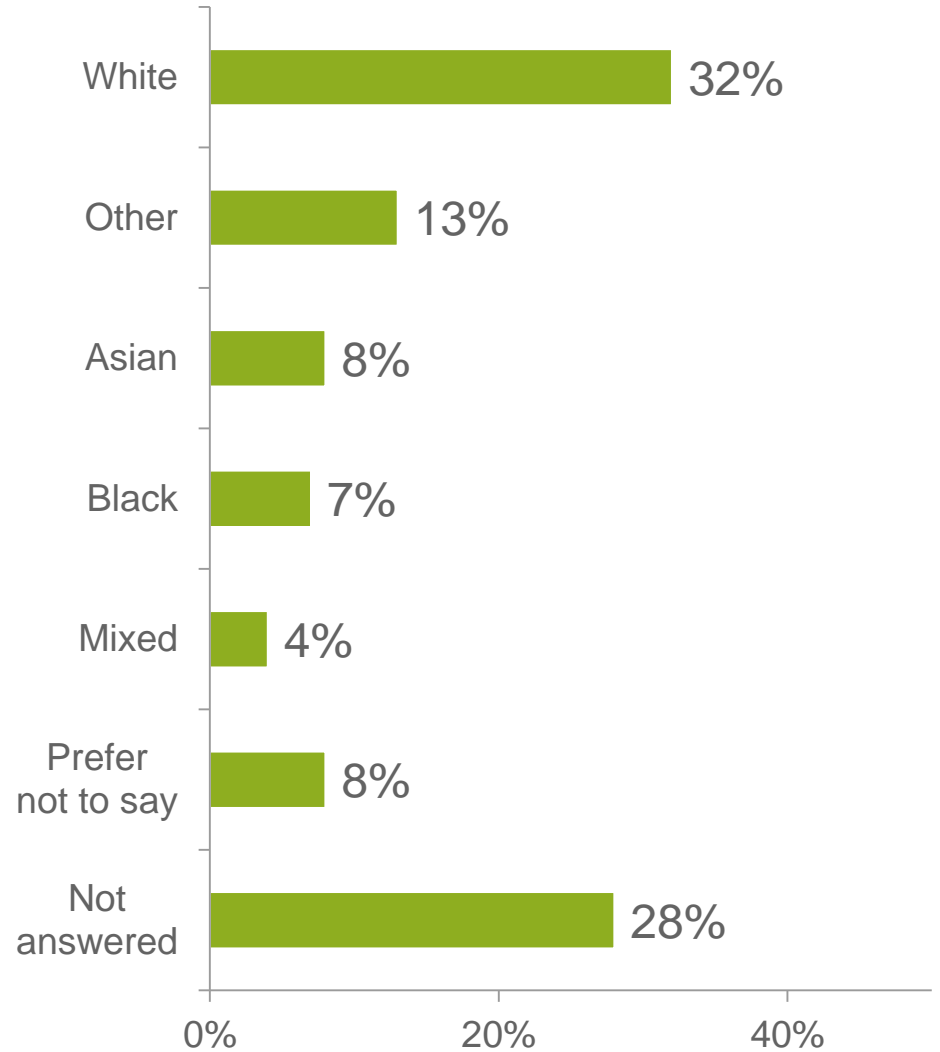
Age



Gender



Ethnicity



Overview of findings

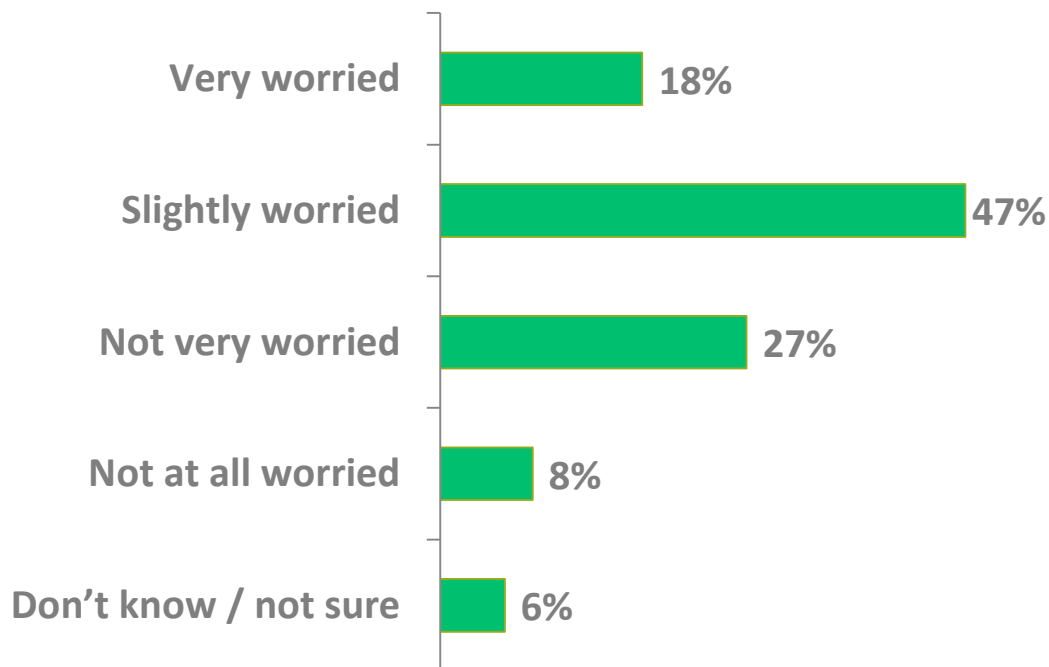
Overview –key highlights

- Overall, the COVID 19 Young Person Survey results highlight the worries and concerns children and young people have over the COVID-19 crisis.
- The majority of young people consider the effect of the crisis to be, doing less physical activity (51%) followed by harm to their long-term education (50%), and their mental health and well-being being affected (43%)
- Young people say they were most worried about their education and exams (55%) during lockdown, followed by staying safe from the coronavirus (35%) and their mental health and well-being (34%)
- The majority of young people think more support should be provided for dealing with stress and isolation (51%) followed by close and regular contact with teachers (46%) and exercises for children while at home (45%)
- The findings also give some further insight on where else we need to focus our support in order to ensure the health and well being of all young people.
- Some segmentation analysis of key demographics have been provided in this report and further analysis will be conducted over the coming months to help provide more insight on where to focus our support for young people.

How worried are young people about coronavirus

- The chart below shows that two thirds of young people (65%) indicated that they are worried about coronavirus.
- A further third (35%) indicated that they were not worried about the virus. The remainder indicated they id not know or were not sure (6%)

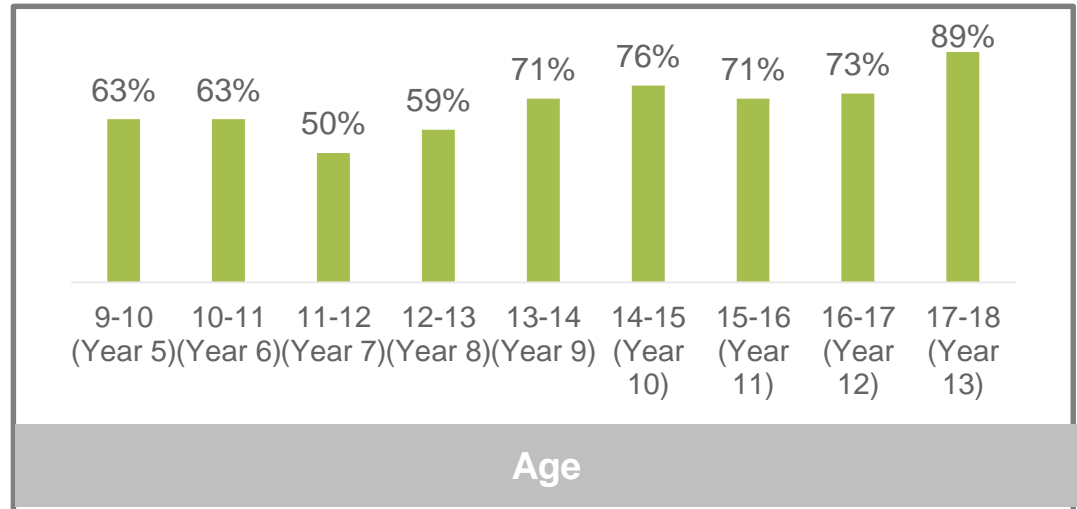
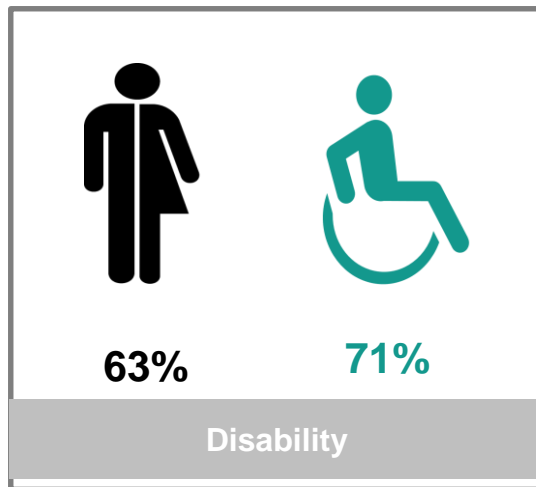
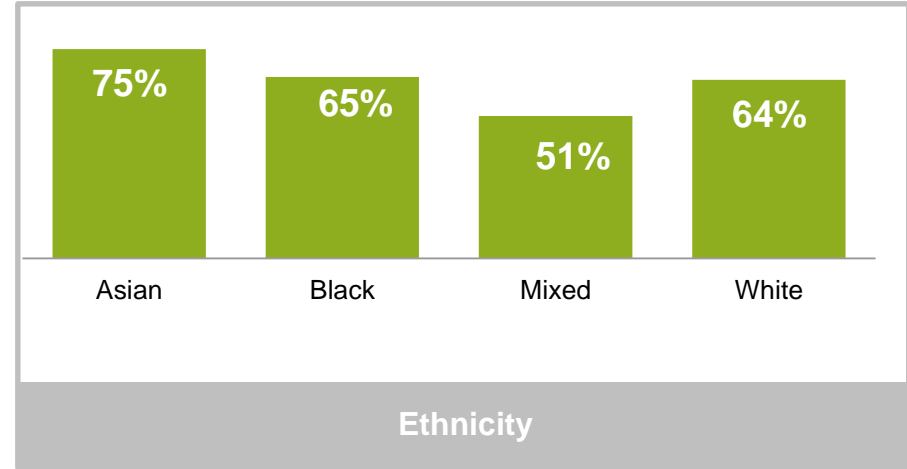
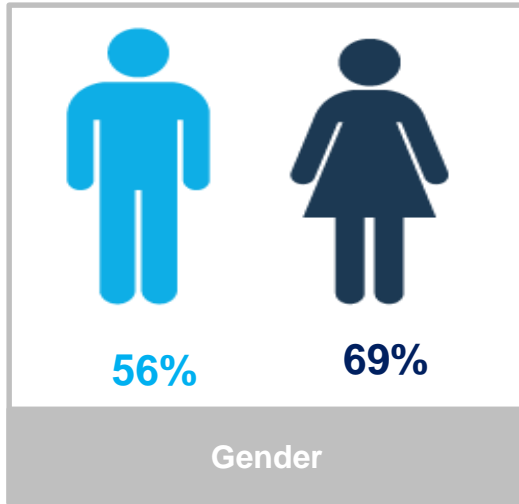
Q1 How worried are you about coronavirus?



Base: 853

Who are more likely to be worried about Coronavirus?

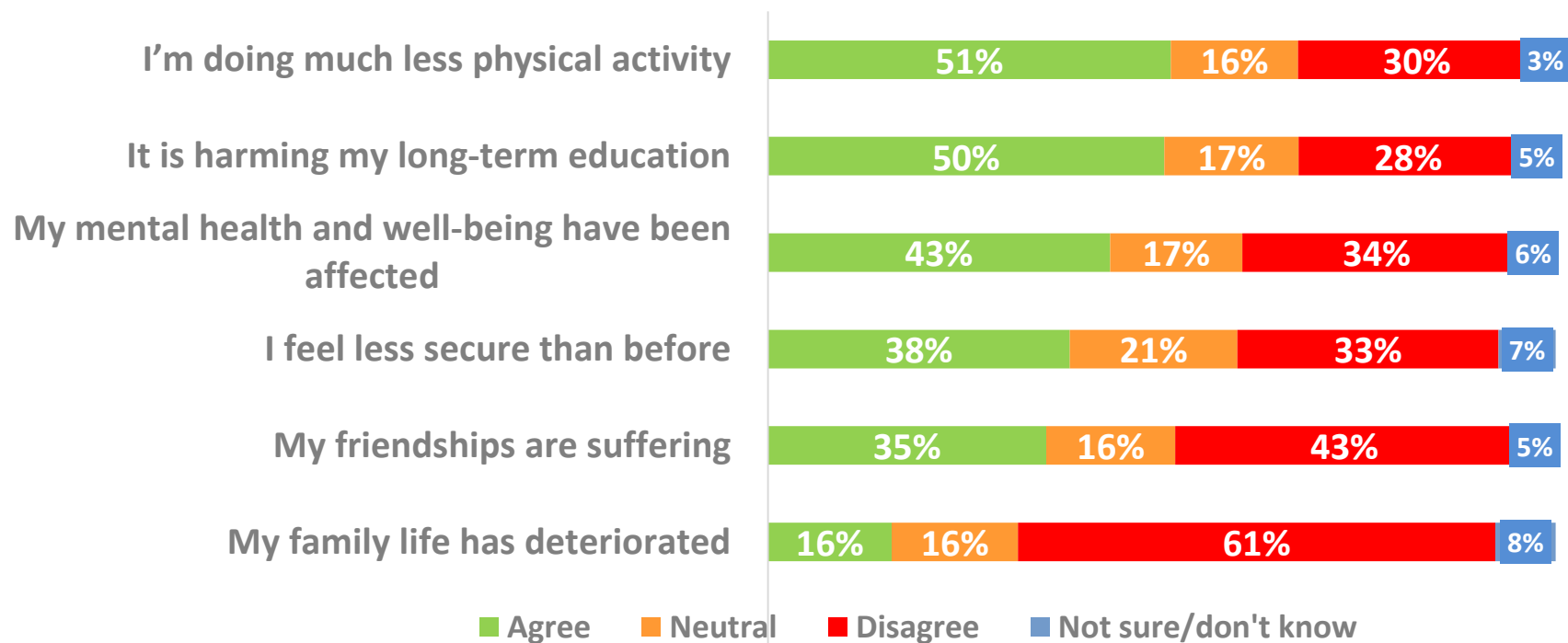
- Young people of Asian ethnic origin, girls, those with a disability, and young people aged 13 years old and above are more likely to be worried about coronavirus



Effects on young people of the recent lockdown

- Half of young people indicated they have been doing less physical activity compared to prior the pandemic (51%) and half indicated that they felt the pandemic is harming their long-term education (50%).
- Around two fifths indicated they felt their long term mental health and well being had also been affected (43%), and felt less secure than before the pandemic (38%).
- A third felt their friendships were suffering (35%). Positively only a small minority felt their family life had been affected (16%)

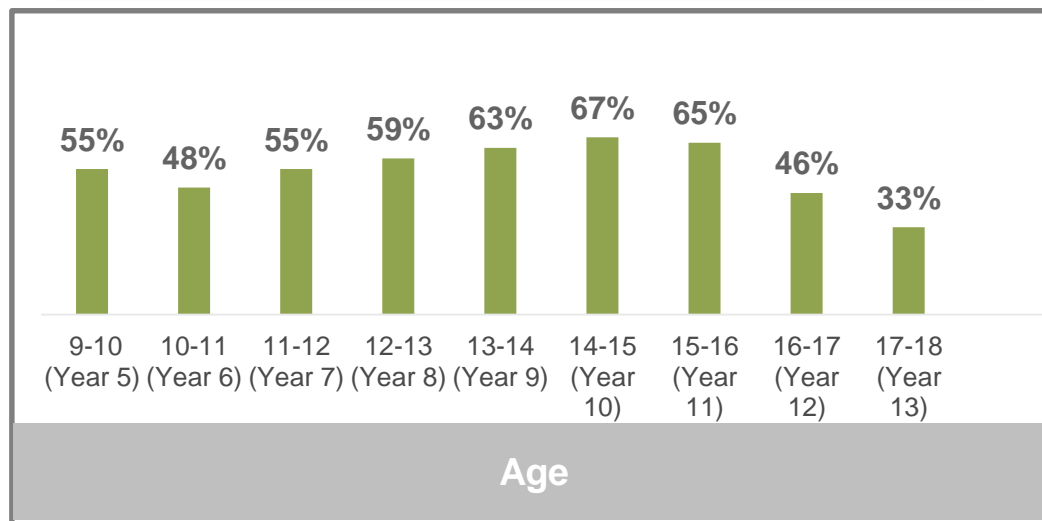
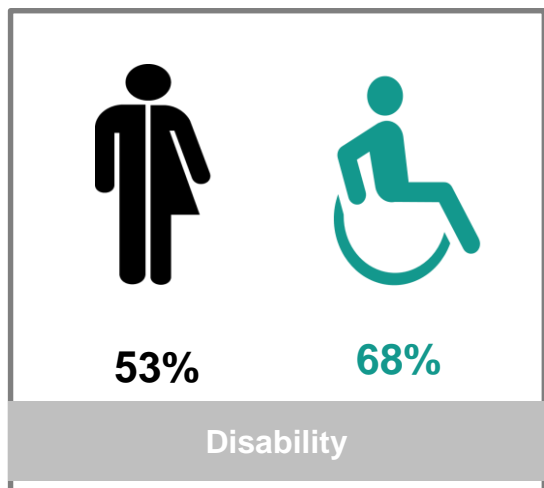
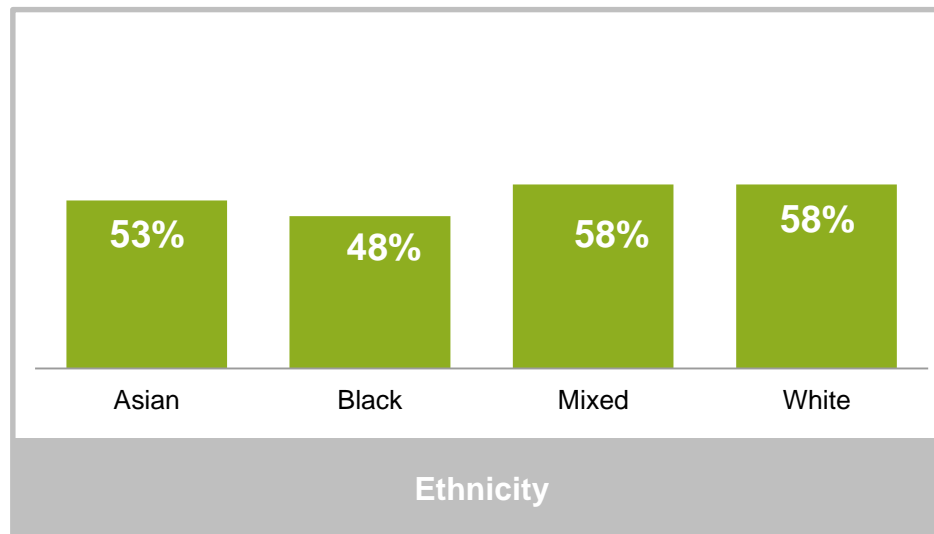
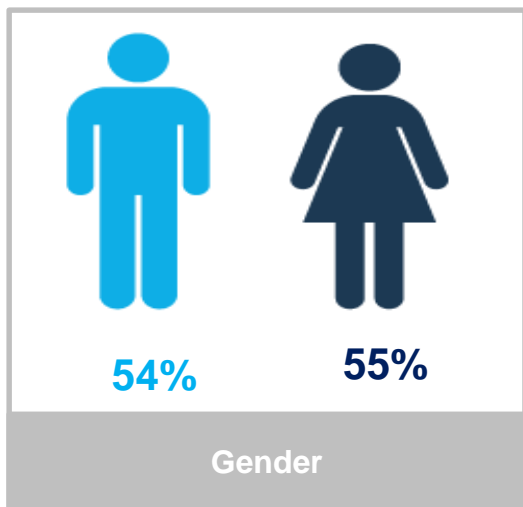
Q To what extent do you agree or disagree with the following statements about how the recent lockdown has affected you?



Base: 745

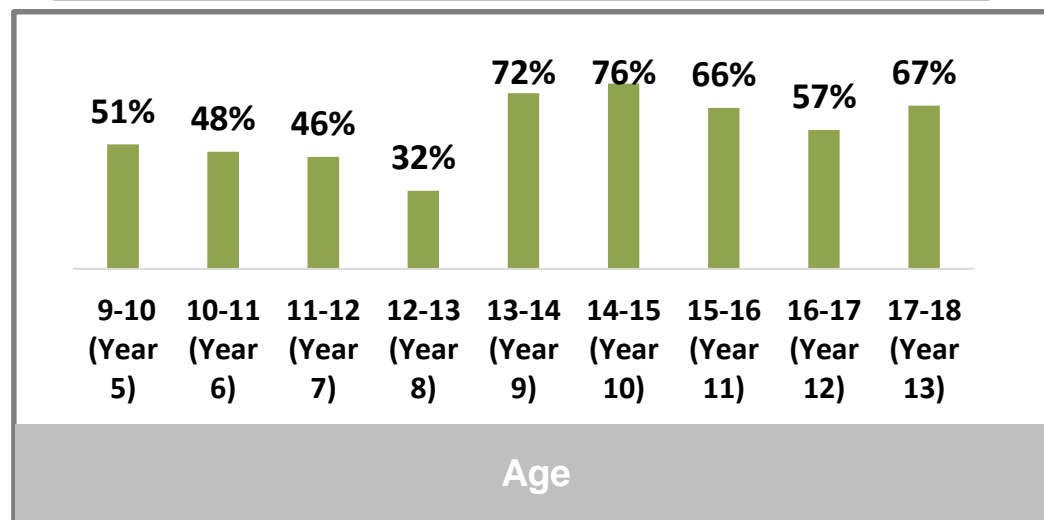
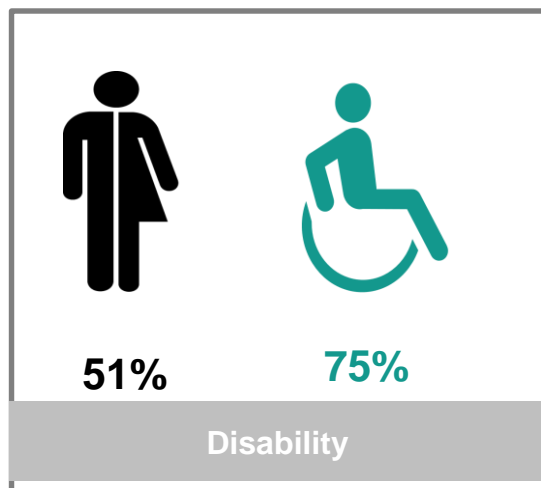
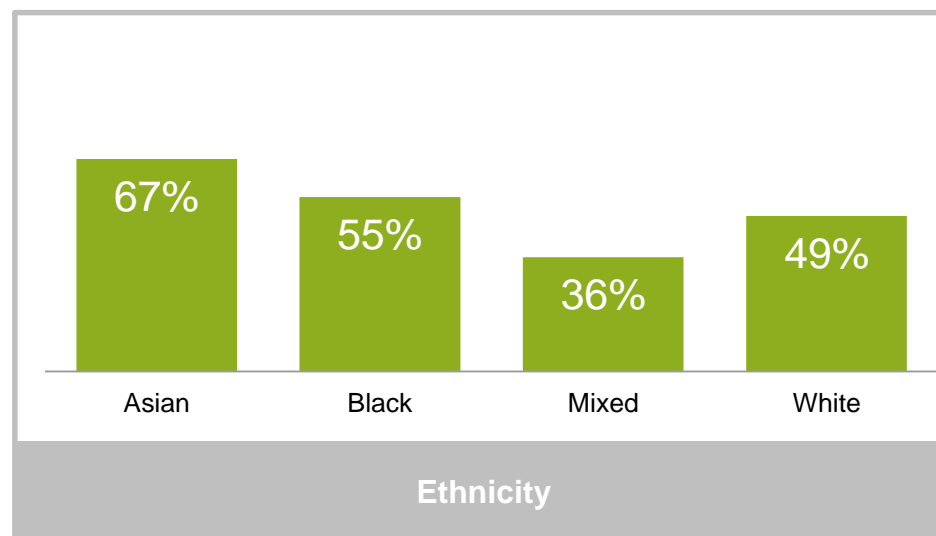
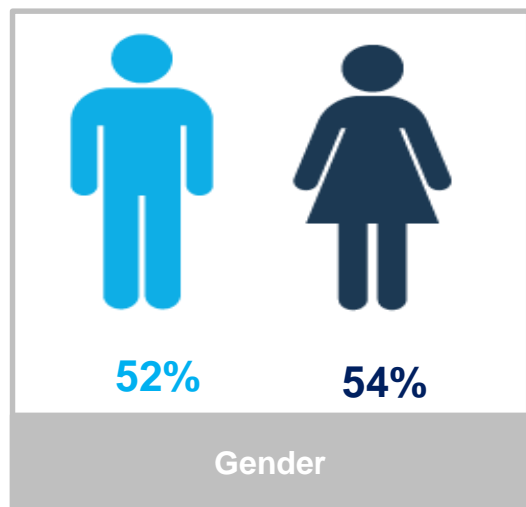
Who are more likely to be doing less physical activity?

- Young people of White or Mixed ethnic origin, with a disability, and those aged 13 to 16 years old are more likely to be doing less physical activity.



Who are more likely to agree the pandemic is harming their long-term education?

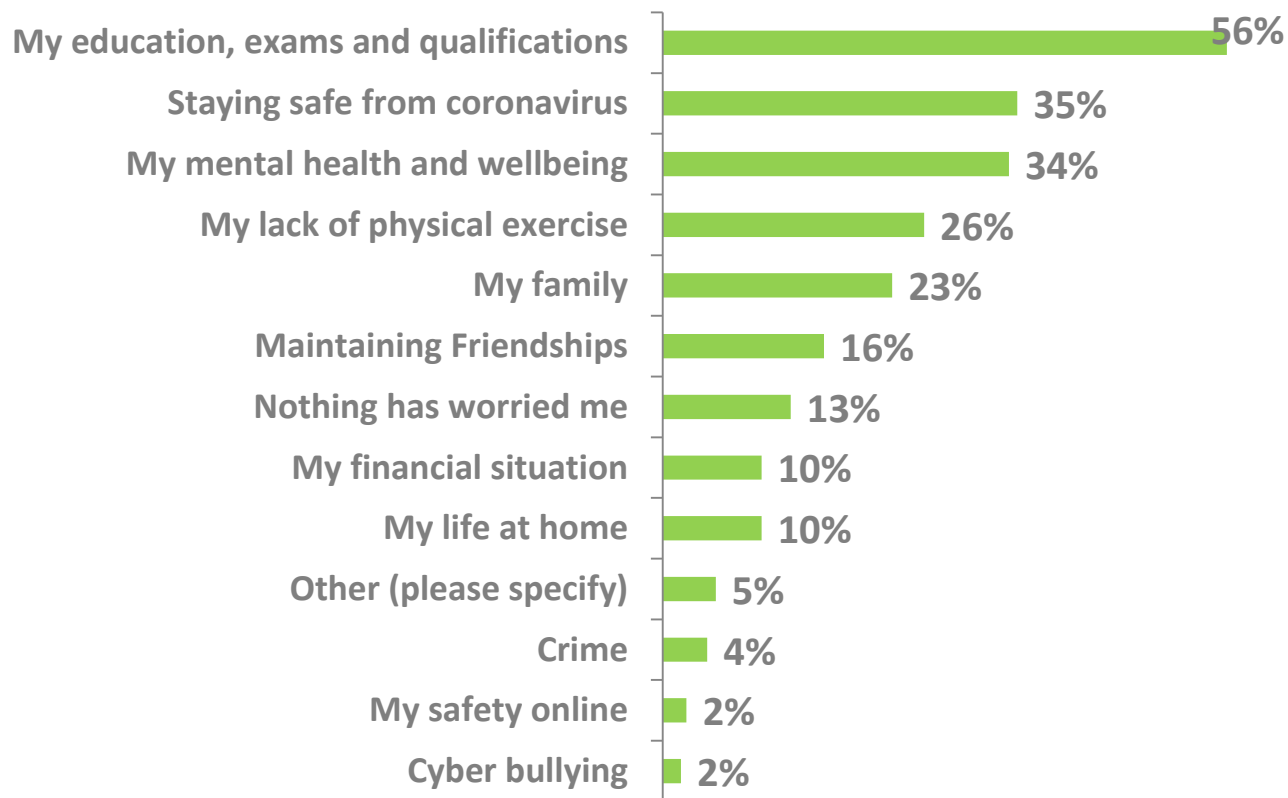
- Young people, of Asian and Black origin, with a disability, and year nine and ten students are more likely to agree the pandemic is harming their long term education.



Young peoples top three worries about the pandemic

- Young people's top three worries about the pandemic are their education and exams during lockdown (56%), followed by staying safe from the coronavirus (34%) and their mental health and well-being (34%). Around a quarter of young people indicated that their lack of physical exercise and their family were one of their top three worries.
- Young people are less likely to indicate that Crime (4%), their online safety (2%) and cyber bullying (2%) was one of their top three worries

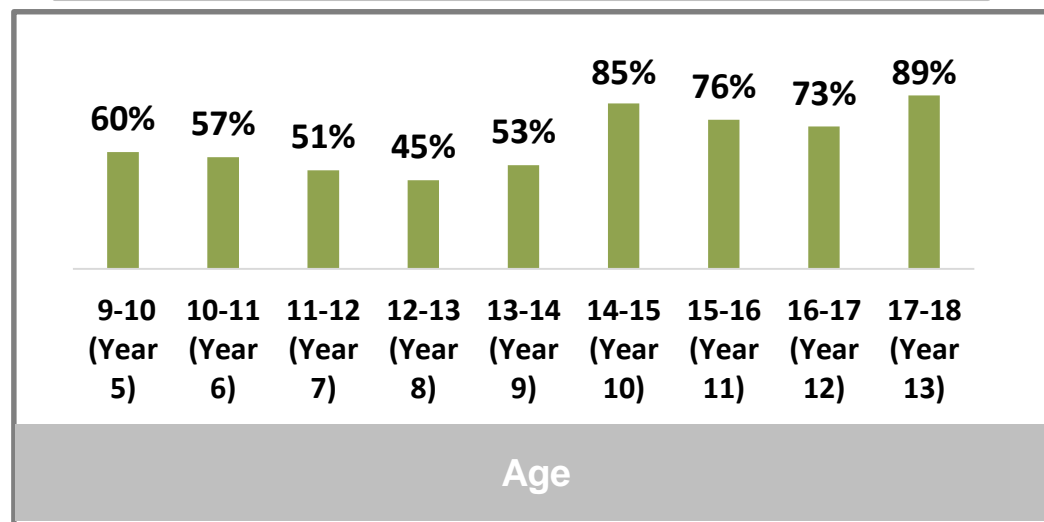
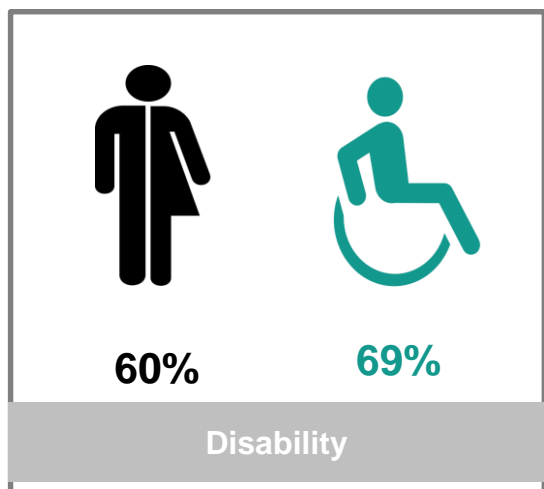
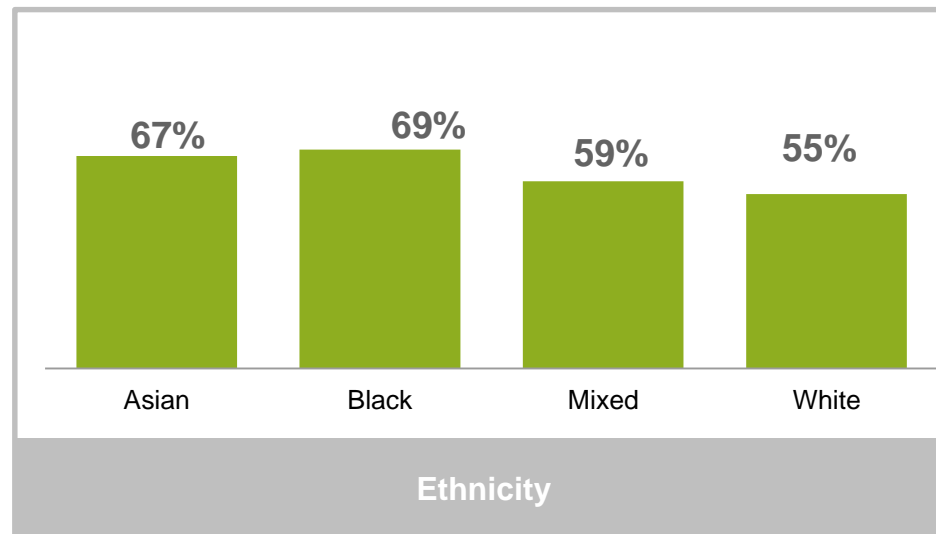
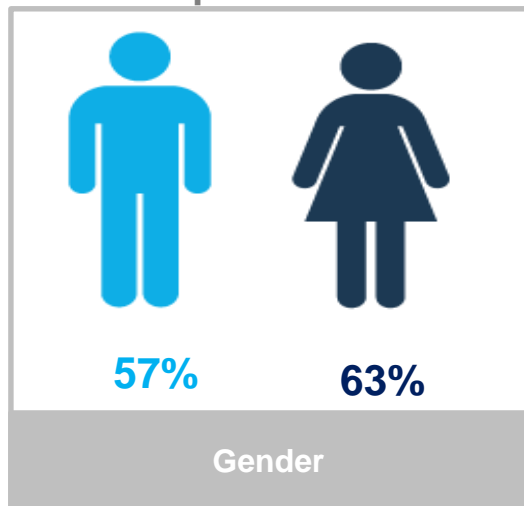
Q. What has worried you most during the recent lockdown? Tick up to three options only



Base: 730

Who are more likely to be worried about their education, exams and qualifications?

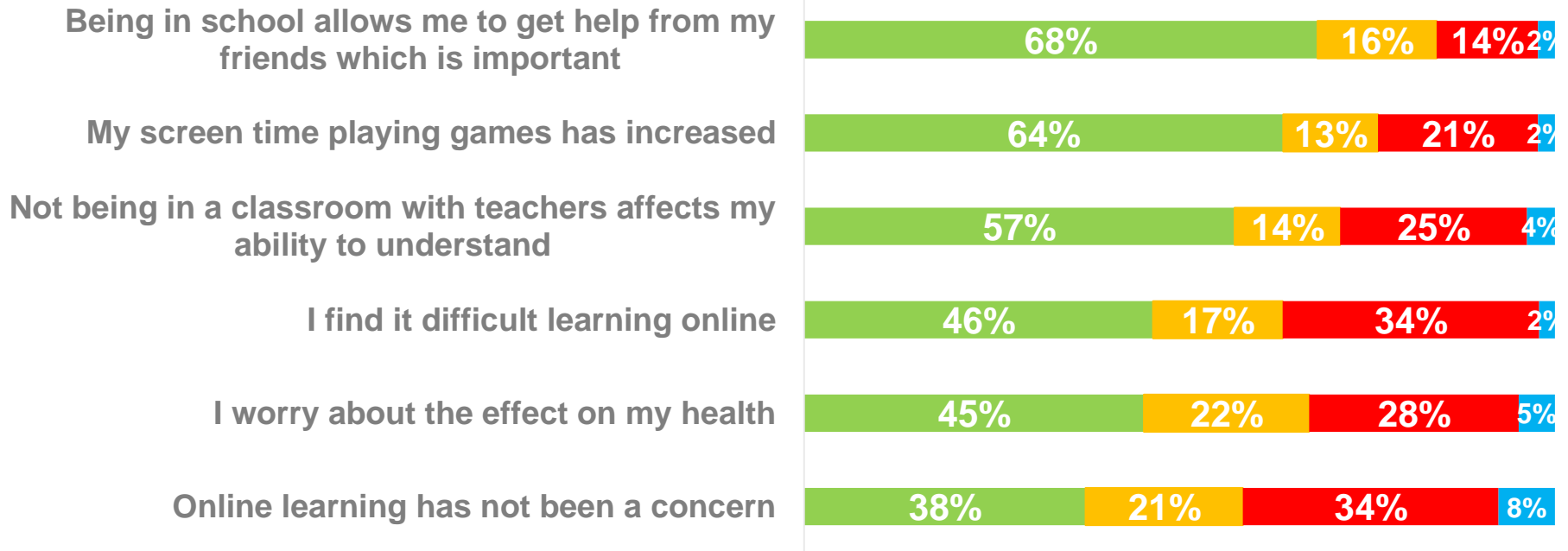
- Girls, young people of Asian and Black origin, with a disability, and year ten to year 13, are more likely to be worried about their education, exams and qualifications.



Home schooling challenges

- Nearly three fifths of young people indicated that not being in school with a teacher affects their ability to understand. Just under half indicated that they found it difficult learning online (46%) and that they worry about the effect of online learning on their health (45%).

Q Being out of the classroom has meant more screen time online. To what extent do you agree or disagree with the following statements about learning online?



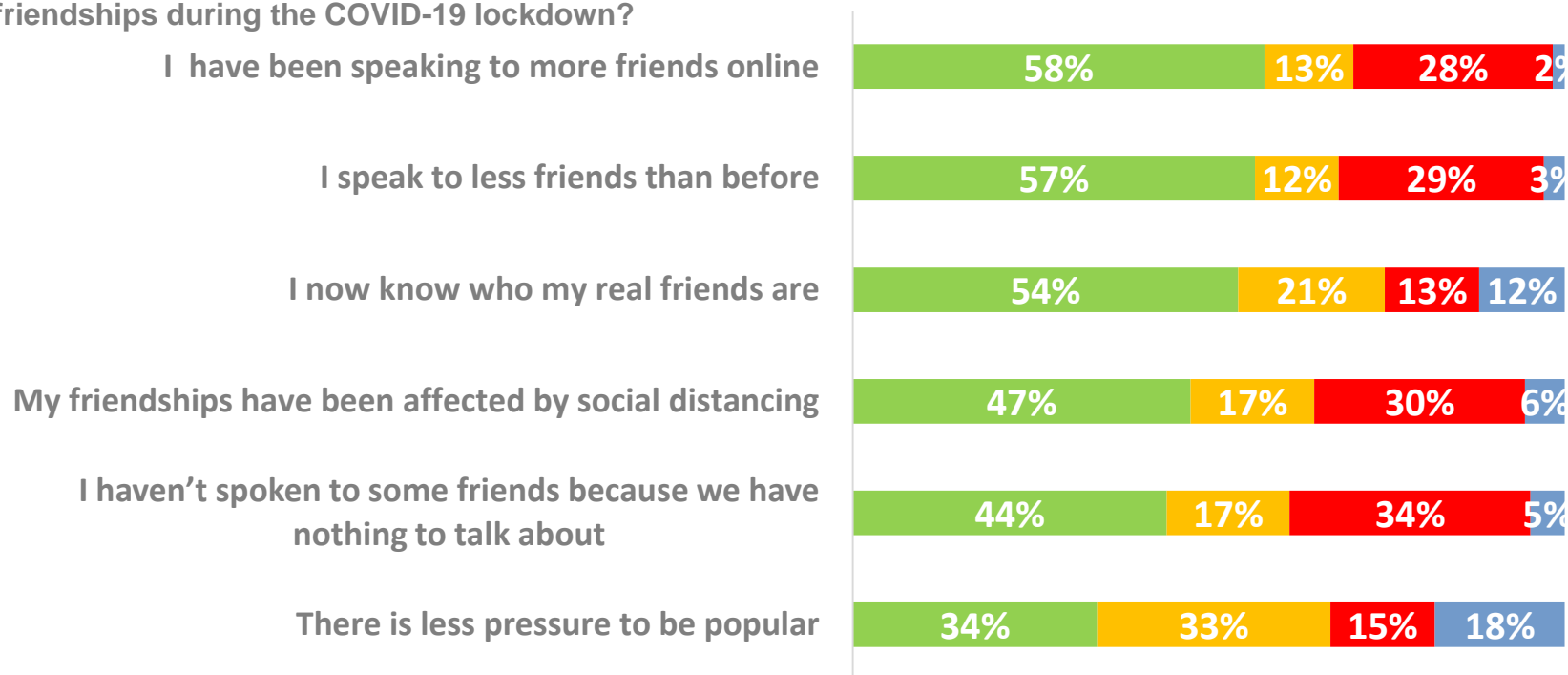
Base: 673

■ Agree ■ Neutral ■ Disagree ■ Not sure/don't know

Impact on social life and friendships

- Three fifths of young people indicated that during the lockdown they were speaking more to friends on line (58%), however that they also spoke to friends less during the lockdown (57%) .
- Around half agree they now know who their real friends are (54%) and that their friendships have been affected by social distancing. Two fifths (44%) indicated that they have not spoken to some friends because they have nothing to talk about.

Q. To what extent do you agree or disagree with the following statements about your social life and friendships during the COVID-19 lockdown?



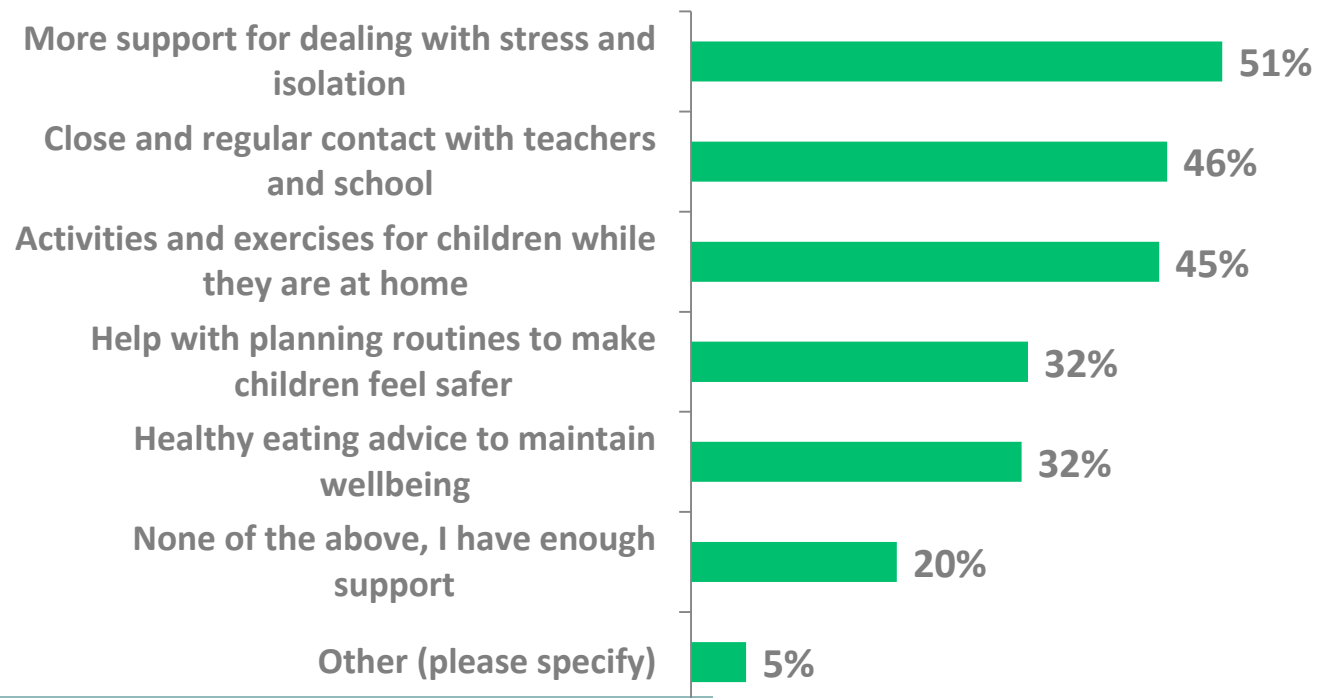
Base: 651

■ Agree ■ Neutral ■ Disagree ■ Not sure/don't know

Extra support during the pandemic

- Around half of young people indicated that they would like more support for dealing with stress and self isolation (51%), more close and regular contact with teachers and schools (46%), and more activities for children and young people while they are at home.
- A further third indicated they would like help with planning routines to make children and young people feel safer (32%), and healthy eating advice to maintain well being (32%).

Q What extra support do you think should be provided to help young people cope?

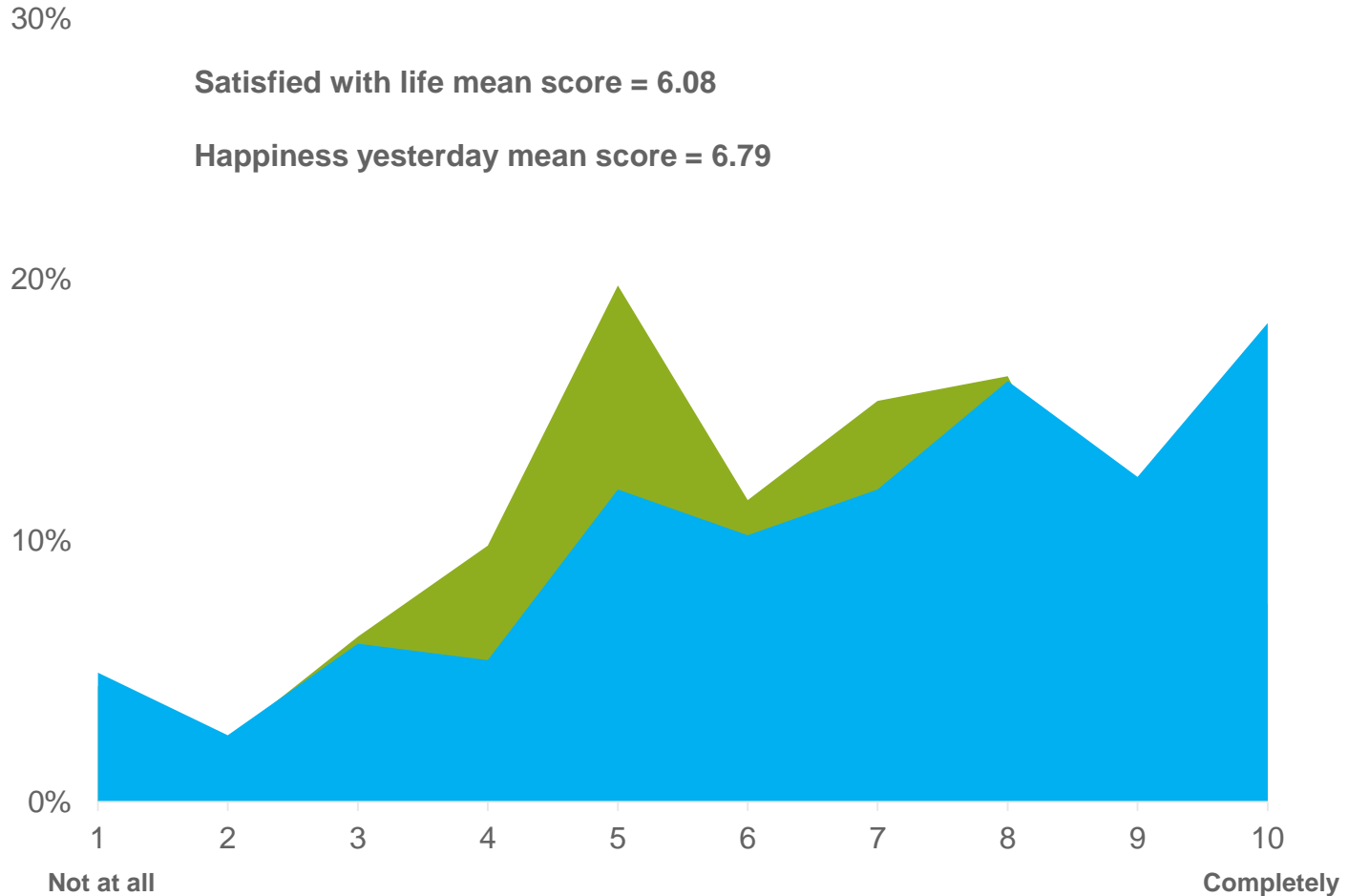


Base: 651

Personal Wellbeing

Young people were asked to rate how satisfied they are with their life and how happy they felt yesterday on a scale of 0 to 10 – 0 being not at all and 10 being completely.

■ Satisfied with life ■ Happiness yesterday



Base: 651

Personal Wellbeing

Young people were asked to rate whether they feel the things they do in their life are worthwhile and how anxious they felt yesterday on a scale of 1 to 10 – 1 being not at all and 10 being completely.

